

## LIFEGROUPS STUDY GUIDE

"They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer." Acts 2:42

SERIES: Colossians

MESSAGE TITLE: The Born Supremacy

MESSAGE DATE: 09/15/2024

## → MESSAGE SUMMARY:

Ryan Vandelinde discusses the importance of standing firm in faith and not being swayed by false teachings, as Paul wrote in his letter to the Colossians. Highlighting his work with the Eastern Dominican Christian Mission, Pastor recounts transformative stories of how they have equipped and empowered local leaders to make disciples in the Dominican Republic. Through prayer and action, their efforts have led to significant community changes, including the establishment of a flourishing Christian school that serves hundreds of children and shares the message of Jesus.

## **DISCUSSION QUESTIONS:**

1.) What is the importance of understanding who Jesus is in relation to combating false teachings?

Ryan emphasized that a proper view of Jesus is the antidote to heresy and that understanding who Jesus is can protect us from misleading beliefs.

In what ways can you deepen your understanding of Jesus in your daily life to help you resist false teachings?

2.) Why do you think Paul wrote to the Colossians about not letting anyone condemn them for old traditions and rules?

Ryan explained that Paul urged the Colossians not to be burdened by old rules since Christ is sufficient and that they didn't need to add anything to their faith.

What old beliefs or rules might you need to reevaluate in your own life to fully embrace your relationship with Christ?

3.) In Colossians 2:16-17, Paul discusses the difference between shadows of the reality and Christ, who is that reality. What does this mean?

Ryan shared that the old traditions served as shadows compared to the reality of who Christ is, indicating that Jesus fulfills the requirements for a relationship with God.

Can you think of any modern-day 'shadows' in your life that might distract you from focusing on the true relationship you have with Christ?



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4.) Why being rooted in Christ like a strong oak tree powerful imagery for Christians?

The sermon mentioned being rooted in Christ to withstand storms and challenges, reinforcing the importance of having a strong foundation in faith.

What are some practical ways you can strengthen your faith to help you remain grounded, especially during difficult times?

5.) What does it mean for Christ to be sufficient in your life?

Ryan stated that you don't need to add anything external to your relationship with Christ, as His sacrifice is enough for salvation and growth.

Think about a time when you felt like you needed something more than Christ in your life. How can you remind yourself of His sufficiency in that situation?