



LIFEGROUPS STUDY GUIDE

"They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer." Acts 2:42

SERIES:

Mark

MESSAGE TITLE:

Jesus is Mighty to Save

MESSAGE DATE:

03/30/2025

MESSAGE SUMMARY:

In his message, Pastor Matt Ousdahl focuses on the theme that Jesus is mighty to save, emphasizing four key areas: from disaster, darkness, despair, and death. He shares the story of Jesus calming a storm, highlighting that trust in Him is essential amidst life's chaos. Pastor Matt also discusses Jesus' encounter with a man possessed by demons and a woman with a long-standing health issue, illustrating how faith can bring healing and hope. Ultimately, he concludes that Jesus has authority over all aspects of suffering, encouraging congregants to trust Him and symbolically lay their burdens at His feet.

DISCUSSION QUESTIONS:

1.) How does the story of Jesus calming the storm reflect the idea of trusting God during difficult times in our lives?

Pastor discussed a storm that Jesus and his disciples faced while in a boat, where Jesus showed his power to save them by calming the storm.

Can you think of a recent situation in your life where you had to trust God despite feeling overwhelmed? How did that experience impact your faith?

2.) In what ways do you see Jesus saving us from darkness in the second story of the possessed man?

This part of the message highlighted how Jesus encountered a man possessed by evil spirits, showcasing his authority over darkness and his ability to restore people.

Do you have moments in your life where you struggle with darkness, like negative thoughts or bad influences? How can you invite Jesus into those struggles for help?

3.) What does the woman with the issue of bleeding teach us about the importance of faith and hope?

Pastor Matt talked about how this woman had been suffering for many years and found hope in Jesus by simply reaching out to touch his robe, which resulted in her healing.

What is one area in your life where you feel hopeless? How can you take a step of faith to find healing or change in that situation?



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4.) Pastor Matt mentioned that Jesus saves us from despair. How can we encourage ourselves and others who feel hopeless or without options?

The message illustrated how despair can lead us to realize that Jesus is our last hope and that he can bring healing and restoration.

Have you ever helped a friend who was feeling discouraged? What did you do, and how can you apply that experience to help someone else in need?

5.) What does it mean for Jesus to save us from death, both physically and spiritually?

In the message, Pastor Matt explained how Jesus raised a girl from the dead and emphasized his power over physical death and spiritual separation from God.

How does knowing that Jesus offers us eternal life affect the way you live your life today? Do you think this belief can change your perspective on challenges?